

Focus groups & Co-creation

User involvement experiences
In the Netherlands.

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Topics

- Set up of sessions
- Discussion in sessions
- Qualitative results
- Moving forward

A new technology for elderly users



A new technology for elderly users

- In two villages near Eindhoven two groups started using the smartphone in April
- Learning through a super-user structure
- The elderly meet each other every two weeks to learn to use the system



Elderly users



Focus group focus

- Discussion of the results from our questionnaire (are they similar?)
- Continue discussion on what technologies are used and where for
- Continue discussion on what people would like from future technology



Co-creation focus

- Discussion of the results from our focus group (do they still agree?)
- Discussing the concepts that we have in our consortium
- Discussing possible future technology scenarios and their perspective on it



Focus group GoLivePhone

Landline is still the most used technology, but people also have phones, tablets and ereaders

Hobbies are a positive way to let people use technology
Voice to text is difficult, and a solution for keyboard issues might be a pen

Touch screen interface has to be learned

Technology level

GLP issues

"Tablets make the internet more accessible for new users."

"Tablets are the most preferred user interface."

"Games are very popular among elderly, they play solitaire, bridge, wordfeud etc.."

"Video calling might not be used much do to user insecurity."

Beginning with the phone is most difficult also, mainly, due to simcard issues

"You really have to learn using it as we didn't grow up with this technology."

"Current care providers are already experimenting with this, but it is difficult to use"

There is no follow up possible in current systems

The user manual is not easy to understand

User adoption

"I am not sure if the internet is safe."

ENSAFE shouldn't become a replacement of face to face care

Professionals

In emergency situations they might still want this service

Some of the language is in english and this makes it really complex

"The system shouldn't be too complex or technical looking."

"GPs don't have time to be called every day by everyone"

Simple and consistent menu structures are important



ENSAFE co-creation

Level 1



Partner/family
services

Apps

Level 2



Bio sensors

Internet of Things

Level 3



Lifestyle monitoring

E-health



Level 1: Conceptual additions



Level 2: How am I doing?



Bluetooth
SMART

Available on the
Google play

Available on the
App Store



Level 3: Lifestyle monitoring



Niveau 3: Zorg op afstand



The future of care



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Moving forward

- New session scheduled to design the ensafe service in co-creation
- Translation of results into technology
- Pilots