





# ProMe: A Theoretical Framing for Online Mentoring

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### **1** Starting Point



#### **Starting point:**

- Use professional formal and tacit knowledge of older adults
- Enable meaningful occupation
- Enhance well-being and quality of life

### Opportunities for professional occupation

- Voluntary engagement
- Mutually beneficial relationship
- Mutual respect
- Shared responsibility





### 2 The Project

### **ProMe – Professional Intergenerational Cooperation and Mentoring**

Development of a platform that allows

- Taking over different mentoring roles => engaging in different types of professional collaboration
- Provide different opportunities for informal communication (Video/Text-Chat, Email, Blogs)
- Allow access from existing social platforms (e.g., Xing, LinkedIn)





## 2 The Project

#### **Research Goals**

- Investigate in what way collaborative processes can be supported trough an online platform
- Explore the potential of the platfrom to develop and enhance social capital





# 2 The Project

#### **Current Activities**

- Literature Research
  - Socio-psychological aspects of knowledge sharing
  - Supporting collaborative processes technologies
- Workshops with potential end users
  - Investigate expectations, motives, needs
- Expert Interviews
  - Define roles for collaboration (Coach, Mentor)







### 3 Three forms of collaboration

#### Collaboration

- Cooperative Arrangement
- Working towards a common goal
- Psychological Contract

"... a set of individual beliefs or set of assumptions about promises voluntarily given and accepted in the context of a voluntary exchange relationship between two or more parties."

Denise Rousseau 1995



### 3 Three forms of collaboration

### Mentoring

- Developmental relationship
- Focus on career development and personal growth
- Holistic view on the person
- Duration: open ended

### **Professional Network Learning**

- · Community of practice
- Sharing expertise
- Facilitating collaboration processes in a group

### Coaching

- Experiential individualized development process
- Improvement of a person's skills, knowledge and job performance
- Duration: short period



## 4 Supporting collaboration

#### **Social Presence & Media Richness Theory**

- => Valuable instruments to describe a medium's capability to reproduce information
- Social Presence: "being present with somebody else""
- Media Richness: "the goal of any communication is the resolution of ambiguity & reduction of uncertainty"



# 5 Framing of three support roles

- Clearly define expectations and obligations with respect to collaboration roles and make them visible for the users on the platform
  - => Introduce forms of collaboration for users
- Provide information of requester and supplier to support the process of deciding for a certain form of collaboration
  - => Provide user Profiles
- Provide functionalities that support different forms of collaboration
  - => e.g., Mentor: reduce perceived distance by enhancing social presence on the platform



### **5** Conclusion & Next Steps

- Collaboration as collective arrangement, requires clearly defined expectations and obligations
- Functionalities allow users to enage in different collaborative relationships

#### Next Steps:

- "Design Workshops" bring together different perspectives (Coach, Coachee, potential end users, designer, ...) and develop first design sketches
- Evaluation of desing sketches with potential end users



### **Open Questions**







### Contact

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